



Creating Your Child's One-Page Profile

What is a One-Page Profile?

A One-Page Profile is a pamphlet that you create about your child. These are the details typically included in a child's One-Page Profile: pictures of your child/family, your child's interests, talents, and hobbies, his/her preferences and dislikes, strategies that work well for your child, and an overview of your child's goals, hopes and dreams for the future.

When would I use my child's One-Page Profile?

You can use this One-Page Profile in any setting! It is a pamphlet that you can give to people who meet your child for the first time—such as at a dentist appointment or when meeting your child's new teacher. It is a great way to teach others about the unique strengths and challenges that your child may have and really help others get to know your child on a personal level.

How do I make my child's One-Page Profile?

Here are 3 resources to help get you started:

1. Ask the **BOLD** staff and therapists about giving you a template.
2. Use the template available on **FACT Oregon's** website. Go here for a template (FACT calls the template a "Person-Centered Plan": <http://factoregon.org/person-centered-plan-samples/>)
3. **Oregon Family to Family Health Information Center** provides a free webinar on One-Page Profiles. Call (855) 323-6744 for more information on how to take this webinar.

The template is a rectangular box with a light blue background and a white border. It contains several sections with placeholder text:

- Top left: A box with the text "[You can put a picture of your child in this box.]".
- Top right: A box with the text "[Your Child's Name]".
- Middle right: A box with the text "[Your family's vision for your child]".
- Center: A large box with the text "[What strategies work best for your child/which don't.]".
- Bottom left: A box with the text "[Add another picture here.]".
- Bottom right: A box with the text "[Strengths, skills, and interests can be listed out here.]".
- Bottom center: A box with the text "[This space can be used to list goals for the school year; highlight achievements; or anything else you and/or your child would like to share.]".